The National Suicide Prevention Conference

**#NSPC23** 

Reconnect, Reform and Reshape

# DAY 3 - THURSDAY, 4 MAY National Convention Centre, Canberra

Suicide Prevention Australia

Time	Title	Presenter	
Morning Plenary I Royal Theatre			
	Opening Day 3 Acknowledgements	Brad McEwan (MC), Mental Health Advociate, Beyond Blue Ambassador	
9:00 - 10:30	Ending loneliness, A world where every single person feels a sense of connection and belonging.	Dr Michelle Lim Chairperson and Scientific Chair of Ending Loneliness Together, Research Fellow at the Iverson Health Innovation Research Institute and Centre for Mental Health at Swinburne University of Technology	
	Suicide Prevention – how do we get it right for young people?	Dr Sarah Hetrick Associate Professor, Faculty of Medical and Health Sciences, Psychological Medicine, New Zealand University of Auckland	
	The suicide prevention puzzle - Governments' role	Chair - Clare Kinsella, Director, Communications, Suicide Prevention Australia, Dr Sarah Hetrick, A/Prof, Faculty of Medical and Health Sciences, Psychological Medicine, University of Auckland, The Hon. John Dawkins, Former Member Legislative Council, South Australia, Chris Stone, Director Policy and Government Relations, Suicide Prevention Australia	

# 10:30 - 11:00 | Morning Tea | Exhibition Hall

Nicholls Theatrette   Symposium 12   Safety Planning		
Reshaping the future of safety planning through research and lived experience	Mr Bernard Leckning, Black Dog Institute, UNSW Sydney	
Bradman Theatrette I Symposium 13 I Organisational / Service Provider Development		
CEO and Chair reflections: Embedding lived experience in the boardroom	Leanne Wells, former CEO, Consumers Health Forum of Australia Rachel Green, CEO, SANE, Sebastian Robertson, Chair, Batyr, Maria Katsonis, Deputy Chair, Vic Collaborative Centre, Darren Black, CEO, SuperFriend	
Suicide Prevention in the Workforce	Dr Sally Spencer Thomas Clinical psychologist. Mental health advocate. Faculty member. Researcher	
	Reshaping the future of safety planning through research and lived experience dman Theatrette I Symposium 13 I Organisat CEO and Chair reflections: Embedding lived experience in the boardroom	

Sutherland Theatrette I Symposium 14 I Data and Research		
11:00 - 12:00	Suicide Research from the Australian Institute of Health and Welfare	Chris Killick-Moran, Unit Head (EL2) Australian Institute Of Health And Welfare
12:00 - 13:00	Designing a National Suicide Prevention Act in Australia	Mx Caitlin Bambridge, Policy and Governments Relations Manager, Suicide Prevention Australia

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Time	Title	Presenter	
	Menzies Theatrette I Symposium 15 I Aftercare and Carers		
11:00 - 11:20	Building queer connections to life: Implementing an LGBTIQA+ Aftercare Service	Mx Isabelle McGovern Suicide Prevention Strategic Lead Mind Australia	
11:20 - 11:40	Psychoeducational groups for people who have attempted suicide: effects and experiences of an ongoing evaluation	Dr Anna Brooks National Manager Research Foundation Lifeline Australia	
11:40 - 12:00	Why do they come back? The experience of return to psychoeducational groups for suicide attempting.	Dr Sarah Wayland Univeristy of New England	
12:00 - 12:20	Feasibility & acceptability of an intervention for caregivers of a person who has attempted suicide	Dr Philippa Ditton-Phare, Project Lead Manager, Everymind	
12:20 - 12:40	Reshaping the support we provide parents at risk of suicide in the perinatal period	Ms Julie Borninkhof Chief Executive Officer, PANDA	

Murray Room I Symposium 16 I Data, Evidence and Translational Research		
11:00 - 12:00	Managing the psychosocial risks at work	Tanya Orszulak Principal Advisor Psychological Health and Safety Office of Industrial Relations
12:00 - 12:20	Examining the use of Suicide Risk Assessment Tools and Safety Plans in a Paramedic model.	Annika Leslie SA Ambulance Service
12:20 - 12:40	Transgender in the pandemic: Statistics and stories of depression, suicidality, and resilience	Dr Sav Zwickl Trans Health Research, The University Of Melbourne (Austin Health)

# () 13:00 - 14:00 | Lunch | Exhibition Hall

### **Special Lunch Presentation**

Murray Room | Universal Co-design | Roses in the Ocean

Ni	Nicholls Theatrette   Symposium 17   Australian National Suicide Prevention Office		
14:00 - 15:30	Update on the development of the National Suicide Prevention Strategy – Australian National Suicide Prevention Office	Chair: Alex Hains, Acting Head, National Suicide Prevention Office Panellists: Susan Edgar, Co-Chair, NSPO Lived Experience Partnership Group Alan Woodward, Chair, NSPO Advisory Board Kym Peake, NSPO Advisory Board Member	

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Time	Title	Presenter	
	Bradman Theatrette I Oral Session 10 I Young People		
14:00 - 14:15	Integrating digital tools into standard care for youth at risk of suicide	A/Prof Jo Robinson Head, Suicide Prevention Research, Orygen	
14:15 - 14:30	Identification of personality factors associated with suicidal ideation, plans and attempts in adolescents	Dr Sonia McCallum, Research Fellow The Australian National University	
14:30 - 14:45	Detection and referral for university students at suicide risk: Results from a retrospective cohort study	Prof Penelope Hasking, Curtin University	
14:45 - 15:00	Evaluating the effectiveness of postvention initiatives in NSW secondary schools: A mixed methods approach	Michelle Lamblin, Program Manager – Suicide Prevention, Centre for Youth Mental Health, University of Melbourne	
15:00 - 15:30		Q&A	

Sutherland Theatrette I Oral Session 11 I Social Determinants of Health: Priority Populations		
14:00 - 14:15	IF NOT NOW, WHEN? Transforming suicide prevention through collective impact to increase safety for all.	Jo Drayton Wheatbelt Suicide Prevention Coordinator, Holyoake
14:15 - 14:30	Suicide Prevention Resources for Rural and Regional Communities: Place-Based Suicide Prevention Trials - Gippsland.	Helen Page Coordinator, Suicide Prevention and Mental Health Reform Gippsland Primary Health Network
14:30 - 14:45	How, why and to whom do trans people communicate their suicidal thoughts?	Dr Angela Nicholas Centre for Mental Health, Melbourne School Of Population and Global Health, The University Of Melbourne
14:45 - 15:00	The unspoken cost: The cost of suicidality within the LGBTIQ+ Victorian adult population	Jennifer Gong, Senior Analyst, Deloitte Access Economics James Hamlet, Senior Policy Analyst, Thorne Harbour Health
15:00 - 15:15	The protective nature of social support for culturally and linguistically diverse people during COVID-19	Claire Fisher, Senior Research and Project Officer Relationships Australia

Menzies Theatrette I Oral Session 12 I Lived Experience: Evidence & Translational Research		
14:00 - 14:15	North West Mates - Building connections a step, snag and coffee at a time.	Greg Smith, Manager Men Care Too
14:15 - 14:45	Do empathy and connection have a role in suicide prevention? A grounded theory approach.	Dr Ally Nicolopolus, Wellbeing Lead - Digital Product Lifeline
14:45 - 15:00	Recognising and resolving a suicide crisis: A mixed- methods investigation of safety plan content	Christopher Rainbow, Project Manager Suicide Prevention Beyond Blue
15:00 - 15:15	Evaluating the implementation and outcomes of the Community-led Safe Spaces Pilot initiative	Nicole Green Consultant, Beacon Strategies

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Time	Title	Presenter	
	Murray Room I Oral Session 13   Trauma: Evidence and Translational Research		
14:00 - 14:15	Early findings of suicidal distress stabilisation from Head to Health Centres	Dr Priscilla Ennals Senior Manager Research and Evaluation Neami National	
14:15 - 14:30	Connection is the Key but Listening is the answer.	Michelle Debenham Co-ordinator Familly Services, Wellways Australia	
14:30 - 14:45	Suicide and Autism: A Hidden Public Crisis	Annie Crowe, Chief Executive Officer Eating Disorders Neurodiversity Australia	
14:45 - 15:00	Identifying and responding to distress outside the health system: a novel approach to service improvement	Dr Carla Meurk Affiliate Research Fellow National Centre for Youth Substance Use Research The University of Queensland	
15:00 - 15:15		Q&A	



# 15:30 - 16:00 | Afternoon Tea | Exhibition Hall

#### **Close of Conference | Exhibition Hall**

Nieves Murray, CEO Suicide Prevention Australia, Shayne Connell, CEO LivingWorks Australia, Jorgen Gullestrup, Lived Experience Advisor Suicide Prevention Australia and Tony Pisani, Founder SafeSide Prevention (In the round)



StandBy Support After Suicide counsellors are available to assist anyone in need. Counsellors will be easily recognised by their teal lanyards and can be found at the front right corner when you first enter the Exhibition Hall.

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Please note, the program is subject to change. For the most up to date version, download the Conference app from our website.



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## There are crisis services available 24/7 if you or someone you know is in distress

Lifeline: 13 11 14 www.lifeline.org.au Suicide Call Back Service: 1300 659 467

www.suicidecallbackservice.org.au