The National Suicide Prevention Conference

#NSPC23

Reconnect, Reform and Reshape

National Convention Centre, Canberra

DAY 3 - THURSDAY, 4 MAY



| Time | Title | Presenter | | |
|------------------------------|---------------------------------|--|--|--|
| | Morning Plenary I Royal Theatre | | | |
| | Opening Day 3 Acknowledgements | Brad McEwan (MC), Mental Health Advociate, Beyond Blue Ambassador | | |
| 0.00 10.00 | Keynote session 1 | Dr Michelle Lim Chairperson and Scientific Chair of Ending Loneliness Together, Research Fellow at the Iverson Health Innovation Research Institute and Centre for Mental Health at Swinburne University of Technology | | |
| 9:00 - 10:30 | Keynote session 2 | Dr Sarah Hetrick Associate Professor, Faculty of Medical and Health Sciences, Psychological Medicine, New Zealand University of Auckland | | |
| | Fireside Q&A Chat | Angela Emslie AM, Chairperson and Nieves Murray CEO, Suicide Prevention Australia With Dr Michelle Lim and Dr Sarah Hetrick | | |
| This session is sponsored by | | | | |

10:30 - 11:00 | Morning Tea | Exhibition Hall

| | Nicholls Theatrette I Symposium 12 I In Conversation: Safety Planning | | |
|---------------|---|--|--|
| 11:00 -13:00 | Reshaping the future of safety planning through research and lived experience | Mr Bernard Leckning, Black Dog Institute, UNSW Sydney | |
| | Bradman Theatrette I Symposium 13 I In Conversation: Lived Experience | | |
| 11:00 - 12:00 | CEO and Chair reflections: Embedding lived experience in the boardroom | Leanne Wells, former CEO, Consumers Health Forum of Australia, Rachel Green, CEO, SANE, Sebastian Robertson, Chair, Batyr, Maria Katsonis, Deputy Chair, Vic Collaborative Centre, Darren Black, CEO, SuperFriend | |
| 12:00 - 13:00 | Suicide Prevention in the Workforce | Dr Sally Spencer Thomas Clinical psychologist. Mental health advocate. Faculty member. Researcher | |

| | Sutherland Theatrette I Symposium 14 I In Conversation: Data and Research | | |
|--------------|--|--|--|
| 11:00 - 12:0 | Suicide Research from the Australian Institute of Health and Welfare | Chris Killick-Moran, Unit Head (EL2) Australian Institute Of Health And Welfare | |
| 12:00 - 13:0 | State of the States in Suicide Prevention: A snapshot of reform across jurisdictions | Mx Caitlin Bambridge, Senior Policy Advisor Suicide Prevention Australia | |

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Prevention Conference 2023

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| | Menzies Theatrette I Symposium 15 I Aftercare and Carers | | |
| 11:00 - 11:20 | Building queer connections to life: Implementing an LGBTIQA+ Aftercare Service | Mx Isabelle McGovern Suicide Prevention Strategic Lead Mind Australia | |
| 11:20 - 11:40 | Psychoeducational groups for people who have attempted suicide: effects and experiences of an ongoing evaluation | Dr Anna Brooks National Manager Research Foundation Lifeline Australia | |
| 11:40 - 12:00 | Why do they come back? The experience of return to psychoeducational groups for suicide attempting. | Dr Sarah Wayland Univeristy of New England | |
| 12:00 - 12:20 | Feasibility & acceptability of an intervention for caregivers of a person who has attempted suicide | Dr Sally Fitzpatrick Program Manager Everymind | |
| 12:20 - 12:40 | Reshaping the support we provide parents at risk of suicide in the perinatal period | Ms Julie Borninkhof Chief Executive Officer, PANDA | |

| Murray Room I Symposium 16 I Data, Evidence and Translational Research | | |
|--|--|---|
| 11:00 - 12:00 | Managing the psychosocial risks at work | Tanya Orszulak Principal Advisor Psychological Health and Safety Office of Industrial Relations |
| 12:00 - 12:20 | Examining the use of Suicide Risk Assessment Tools and Safety Plans in a Paramedic model. | Annika Leslie SA Ambulance Service |
| 12:20 - 12:40 | Transgender in the pandemic: Statistics and stories of depression, suicidality, and resilience | Dr Sav Zwickl Trans Health Research, The University Of Melbourne (Austin Health) |

13:00 - 14:00 | Lunch | Exhibition Hall

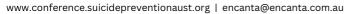
Special Lunch Presentation

Murray Room | Universal Co-design | Roses in the Ocean

| Nicholls Theatrette Symposium 17 Australian National Suicide Prevention Office | | |
|--|---|------------------------------------|
| 14:00 - 15:30 | Update on the development of the National Suicide Prevention Strategy – Australian National Suicide Prevention Office | National Suicide Prevention Office |

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| | Bradman Theatrette I Oral Session 10 I Young People | | |
| 14:00 - 14:15 | Integrating digital tools into standard care for youth at risk of suicide | A/Prof Jo Robinson Head, Suicide Prevention Research, Orygen | |
| 14:15 - 14:30 | Identification of personality factors associated with suicidal ideation, plans and attempts in adolescents | Dr Sonia McCallum, Research Fellow The Australian National University | |
| 14:30 - 14:45 | Detection and referral for university students at suicide risk: Results from a retrospective cohort study | Prof Penelope Hasking, Curtin University | |
| 14:45 - 15:00 | Evaluating the effectiveness of postvention initiatives in NSW secondary schools: A mixed methods approach | Michelle Lamblin, Program Manager – Suicide Prevention, Centre for Youth Mental Health, University of Melbourne | |
| 15:00 - 15:30 | | Q&A | |

| Sutherland Theatrette I Oral Session 11 I Social Determinants of Health: Priority Populations | | |
|---|---|---|
| 14:00 - 14:15 | IF NOT NOW, WHEN? Transforming suicide prevention through collective impact to increase safety for all. | Jo Drayton Wheatbelt Suicide Prevention Coordinator, Holyoake |
| 14:15 - 14:30 | Suicide Prevention Resources for Rural and Regional Communities: Place-Based Suicide Prevention Trials - Gippsland. | Helen Page Coordinator, Suicide Prevention and Mental Health Reform Gippsland Primary Health Network |
| 14:30 - 14:45 | How, why and to whom do trans people communicate their suicidal thoughts? | Dr Angela Nicholas Centre for Mental Health, Melbourne School Of Population and Global Health, The University Of Melbourne |
| 14:45 - 15:00 | The unspoken cost: The cost of suicidality within the LGBTIQ+ Victorian adult population | Simon Ruth, Chief Executive Officer Thorne Harbour Health |
| 15:00 - 15:15 | The protective nature of social support for culturally and linguistically diverse people during COVID-19 | Claire Fisher, Senior Research and Project Officer Relationships Australia |

| Menzies Theatrette I Oral Session 12 I Lived Experience: Evidence & Translational Research | | |
|--|--|--|
| 14:00 - 14:30 | North West Mates - Building connections a step, snag and coffee at a time. | Greg Smith, Manager Men Care Too |
| 14:30 - 14:45 | Do empathy and connection have a role in suicide prevention? A grounded theory approach. | Dr Ally Nicolopolus, Wellbeing Lead - Digital Product Lifeline |
| 14:45 - 15:00 | Recognising and resolving a suicide crisis: A mixed- methods investigation of safety plan content | Christopher Rainbow, Project Manager Suicide Prevention Beyond Blue |
| 15:00 - 15:15 | Evaluating the implementation and outcomes of the Community-led Safe Spaces Pilot initiative | Nicole Green Consultant, Beacon Strategies |

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| | Murray Room I Oral Session 13 Trauma: Evidence and Translational Research | | |
| 14:00 - 14:15 | Early findings of suicidal distress stabilisation from Head to Health Centres | Dr Priscilla Ennals Senior Manager Research and Evaluation Neami National | |
| 14:15 - 14:30 | Connection is the Key but Listening is the answer. | Michelle Debenham Co-ordinator Familly Services, Wellways Australia | |
| 14:30 - 14:45 | Suicide and Autism: A Hidden Public Crisis | Annie Crowe, Chief Executive Officer Eating Disorders Neurodiversity Australia | |
| 14:45 - 15:00 | Identifying and responding to distress outside the health system: a novel approach to service improvement | Dr Carla Meurk Affiliate Research Fellow National Centre for Youth Substance Use Research The University of Queensland | |
| 15:00 - 15:15 | | Q&A | |



15:30 - 16:00 | Afternoon Tea | Exhibition Hall

Special Afternoon Tea Fireside Chat

With Nieves Murray, CEO Suicide Prevention Australia, Shayne Connell, CEO LivingWorks Australia, Jorgen Gullestrup, Lived Experience Advisor Suicide Prevention Australia and Tony Pisani, Founder SafeSide Prevention (In the round)



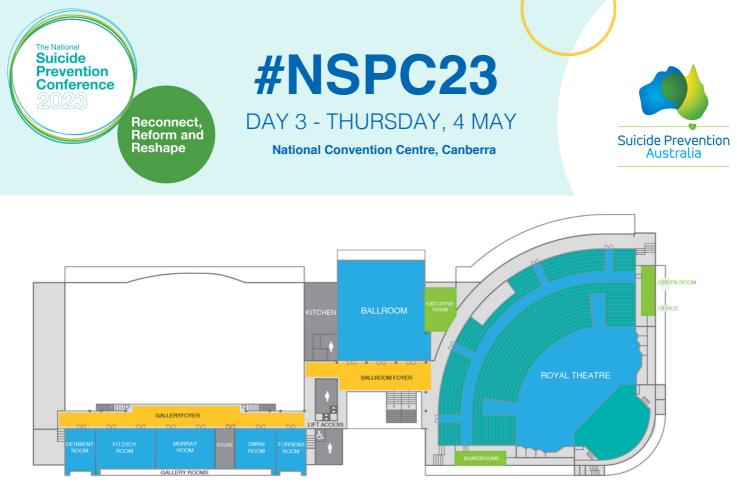
StandBy will be providing support and counselling during the Conference. Their team will be wearing teal coloured t-shirts and can be found in the Exhibition Hall.

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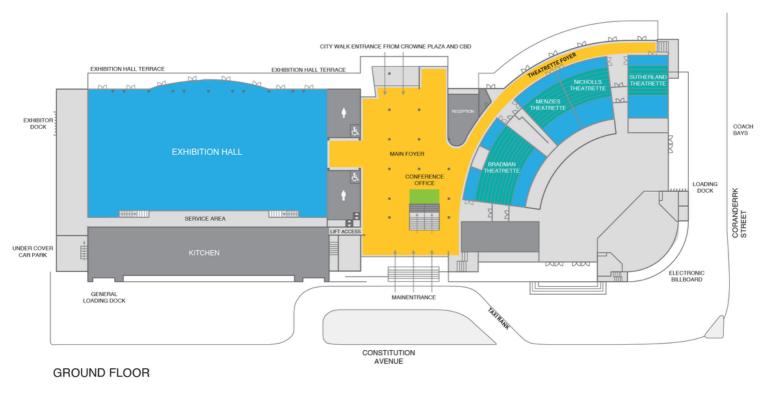
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www.conference.suicidepreventionaust.org | encanta@encanta.com.au

There are crisis services available 24/7 if you or someone you know is in distress

Lifeline: 13 11 14 www.lifeline.org.au Suicide Call Back Service: 1300 659 467

www.suicidecallbackservice.org.au