Emergency Services: What About Us?

Dr Sharon McDonnell

Relationships Australia

Suicide Prevention Australia

SUICIDE BEREAVEMENT → WE FORGET ABOUT THE NEEDS OF THOSE WHO TAKE CARE OF US....

SUICIDE & SELF HARM LITTLE FOCUS ON SUICIDE BEREAVEMENT

SUICIDE PREVENTION
- PREVENTION
- INTERVENTION
- & POST VENTION

SUICIDE BEREAVED TOUCH ALL THESE...

WHAT DOES IT FEEL LIKE...
- EMERGENCY SERVICES
- SIMILAR EFFECT

FAMILY

STUDY 1
KNOWLEDGE SKILLS + FWK PARENTS BEREAVED BY SUICIDE

QUALITATIVE STUDY
- PARENTS LOST 17-39YRS

A+E — CORONER — PARENTS — GP — M.HEALTH PROFESSIONAL

VULNERABILITIES & NEEDS
- COULDN'T ACCESS SERVICES

HOME OR A+E
- FIRST PEOPLE WERE AMBULANCE

INTERVIEWS
- AMBULANCE — TRAUMA
- GP + M.HEALTH — GRIEF, BEREAVEMENT

PARENTS
- + SUICIDAL IDEATION
- + CLUSTERS + CONTAGION

G.P.
- ANXIOUS
- DIFF PATIENTS
- PERS. + PROF BEREAVED

M. HEALTH
- + HAD LOST + BEEN BEREAVED BY SUICIDE

AMBULANCE STAFF
- + ALSO WERE BEREAVED

HELPLESS + HOPELESS

TRAINING NEEDS ARE DIFFERENT
- ANXIOUS
- NONE HAD TRAINING FOR THIS
- OPPORTUNITY FOR THEM TO BUILD CONFIDENCE

9 AMBULANCE STAFF
- 6 MALE
- 3 FEMALE

UNSUPPORTED UNDERVALUED & NOT RESPECTED
- WERE THE FORGOTTEN
- HARDER TO DEAL WITH THE TRAUMA
  - POLICE VOMITING
  - STUDENT NOT COPING

ALL PARTICIPANTS REPORTED LOSING A COLLEAGUE TO SUICIDE...
- WORKING IN COMMUNITIES WHERE THEY LIVE

ALL ANXIOUS & UNCERTAIN!

ALL DEALING WITH FAMILIES

ALL CALLED TO COLLEAGUE SUICIDE

ALL LOST COLLEAGUES

REMEMBER EVERYTHING!

ALL MISINFORMED

Lack of SUPPORT

BUSINESS AS USUAL
- SHOULD NOT BE PUT IN THIS SITUATION!

STUDY 2
2012
- PEOPLE MIGHT BE EFFECTED

BEREAVED
1. PEOPLE
2. PROFESSIONALS
- NO TRAINING!

WE ARE ALL IMPACTED
THE BETTER WE CARE FOR THEM, THE BETTER THEY CARE FOR US..

NOT 1 SIZE FITS ALL

COMBINED SKILLSET
20+ YRS TO DO THIS STUDY

FIRST RESPONDERS
- + PTSD
- + EXPOSURE 30-70 DEATHS
- + EXPOSURE TO SUICIDE
- + MULTI-EXPOSURE INCREASES RISK
- + ANXIOUS + UNCERTAIN

EVIDENCE BASED TRAINING FOR EMERGENCY SERVICES
- + FIRE
- + POLICE
- + AMBULANCE
- + AIR + SEA RESCUE

NEED FOR PROTOCOLS → NEW TRAINING

ACKNOWLEDGE ADDRESS & ACT

IS AUSTRALIA TAKING CARE OF THEIR E.S. PEOPLE

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HELLO@VISSTORYTELLERS.COM.AU
SOCIAL: @VISSTORYTELLERS
+61403 683 755