

MONDAY - 19 April 2021

* The program is subject to change

TIME (AEST)	EVENT			
11:00am - 12:00pm	Pre-Symposium entry and exhibition booths open			
11:45am - 5:00pm	Delegate wellbeing, group conversation and support moderated by Standby Support after Suicide			
12:00pm - 1.30pm	Opening session - Symposium MC: Jenny Brockie Acknowledgement of Country: Professor Pat Dudgeon , Director - Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention (CBPATSISP) Acknowledgement of Lived Experience: Mark Davis , Lived Experience Representative Welcome and opening address: Ms Angela Emslie , Suicide Prevention Australia Chair Address: Hon David Coleman MP , Assistant Minister to the Prime Minister for Mental Health and Suicide Prevention Principal Sponsor Address: John Brogden AM , Lifeline National Board Chair National Keynote Speaker: Ms Christine Morgan , National Suicide Prevention Adviser, CEO - National Mental Health Commission			
1.30pm - 2:00pm	KEYNOTE SPEAKER - Sponsored by Black Dog Institute Ms Carla Na Nagara , Suicide Prevention Office, Ministry of Health New Zealand From a Standing Start: Reflections and Lessons – establishing a national Suicide Prevention Office from scratch			
2:00pm - 2.15pm	Afternoon break Visit exhibition booths and poster viewing (see page 10)			
2.15pm - 3.15pm	Concurrent streams			
STREAM 1				
Lived Experience Stream Partner: Wellbeing SA Stream Chair: Brendan Kelley , Associate Director, Suicide Prevention & Capacity Building, Mental Health and Wellbeing, Wellbeing SA				
STREAM 2				
Indigenous Stream Partner: LivingWorks Australia: sharing the new co-designed and led, Indigenous-ASIST two-day suicide first aid intervention skills training Stream Chair: Dr Vanessa Lee-Ah Mat – University of Sydney				
STREAM 3				
Programs & Services Stream Partner: Mental Health First Aid Australia Stream Chair: Claire Kelly , Director of Curriculum and Research, Mental Health First Aid Australia				
STREAM 4				
Research Stream Partner: LGBTIQ+ Health Australia Stream Chair: Nicky Bath , Chief Executive Officer, LGBTIQ+ Health Australia				
Lived Experience Keynote Mark Davis , Lived Experience Representative				
Indigenous Keynote Professor Pat Dudgeon , Director - Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention (CBPATSISP)				
Carmen Betterridge - Suicide Risk Assessment Australia Professional and clinical supervision for the suicide prevention workforce				
Dr Adam Hill – Archs La Trobe University Suicidal ideation and suicide attempts among LGBTQ adults in Australia				

STREAM 1	STREAM 2	STREAM 3	STREAM 4
Rob O’Leary - Batyr What Young People are Saying Makes a Difference In Addressing Mental Ill-Health and Recovery Journeys: A Thematic Analysis on the Lived-Experiences of Young People	Shayne Connell CEO and Wayne Williams - LivingWorks Australia: Training to build an Indigenous Network of Safety through suicide first-aid intervention training for Indigenous communities and those that work with those communities.	Dr Cathy Kezelman AM – Blue Knot Foundation Taking a trauma-informed approach to suicide prevention	Dr Kathy Bond – Mental Health first Aid The Mental Health First Aid Australia course, Conversations About Suicide: An Uncontrolled Trial
Pinar Thorn – The University of Melbourne How and why do young people use social media to communicate about self-harm? A qualitative study	Sam Carter – The PHN Simulation Modelling to inform Suicide Prevention commissioning	Sharon Bower and Ingrid Ozols AM – Suicide Prevention Australia A Suicide Prevention Competency Standards Framework for the non-clinical workforce	Dr Amy Morgan – University of Melbourne Effectiveness of the Wesley LifeForce Networks program in preventing suicide
		Bronwen Edwards – Roses in The Ocean ‘Lifekeeper’ training through the lens of lived experience: Creating sustainability in communities through the establishment of local ‘Community TouchPoints’ Trainers.	Dr Emily Hielscher – QIMR Berghofer Medical Research Institute Interoceptive abnormalities and suicidality: A systematic review National Suicide Prevention Research Fund research
TIME (AEST)	EVENT		
3:15pm - 3:30pm	Break		
3:30pm - 4:00pm	Panel Discussion: Stigma, mental ill-health and suicide Carla Na Nagara , Director - Suicide Prevention Office, Ministry of Health New Zealand Mark Davis , Lived Experience Representative Professor Pat Dudgeon , Director - Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention (CBPATISP) Sharon Bower , Suicide Prevention Australia Kathy Bond , Mental Health Firstaid Emily Hielscher , QIMR Berghofer Medical Research Chair: Fiona Shand , Associate Professor, Black Dog Institute		
4:00pm - 4:30pm	Closing remarks - Jenny Brockie		

TUESDAY - 20 April 2021

* The program is subject to change

TIME (AEST)	EVENT		
12pm - 1:00pm	Pre-Symposium entry and exhibition booths open		
12:00pm - 1:15pm	PhD and Early career grant recipient workshop (invitation only)		
11:45am - 5:00pm	Delegate wellbeing, group conversation and support moderated by Standby Support after Suicide		
1:00pm - 1:20pm	Activity: Guided meditation Join your fellow Symposium delegates for a relaxing and refreshing meditation session to start the day. Emma Wallace will guide you through a breathing technique that you can use both during and after the Symposium, followed by a short meditation session that will allow you to relax and clear your mind.		
1:30pm - 1:35pm	Opening session - Symposium MC: Jenny Brockie		
1:35pm - 1:55pm	3-Minute Thesis Style Presentations Christopher Rainbow, Beyond Blue: Suicide risk in online help-seekers Dr Jin Han, Black Dog Institute: The Lifebuoy app: the development of a smartphone app for managing suicidal thoughts in young people National Suicide Prevention Research Fund research Luke Bayliss, University of Southern Queensland: Moving beyond the fear of death: Suicide capacity within the ideation-to-action framework Laura Grattidge (nee Smith): What works for rural youth suicide prevention?		
1:55pm - 3:00pm	Concurrent streams		
STREAM 1	STREAM 2	STREAM 3	STREAM 4
Lived Experience Stream Partner: Wellbeing SA Stream Chair: Emma Willoughby , Principal Project Officer, Suicide Prevention & Capacity Building, Wellbeing SA	Indigenous Stream Partner: LivingWorks Australia: sharing the new co-designed and led, Indigenous-ASIST two-day suicide first aid intervention skills training Stream Chair: Raelene Ward	Programs & Services Stream Partner: Mental Health First Aid Australia Stream Chair: Kathy Bond , Workplace Engagement Manager, Mental Health First Aid Australia	Research Stream Partner: LGBTQ+ Health Australia Stream Chair: James Zanutto , Policy and Research Manager, LGBTQ+ Health Australia
Carrie Lumby – Roses in the Ocean Putting co-design into the co-design: Creating a customized, lived experience informed process for co-designing non-clinical services with and for people with lived experience of suicide	Tom Brideson – Gayaa Dhuwi Towards Zero Suicides - We've had this before	Dr Tara Hunt – Lifeline Australia Eclipse Online: Reflections on pivoting support for those who have attempted suicide	Dr Jin Han and DR Lennart Reifels - Centre For Mental Health, The University Of Melbourne Mentoring Future Research Leaders

STREAM 1	STREAM 2	STREAM 3	STREAM 4
Leo Rhodanthe – DISCHARGED Curtin University Suicide Peer Support: Transforming Facilitators	Dr Vanessa Lee-Ah Mat – University of Sydney Don't leave a memory instead leave a solution: Co-designing with Aboriginal-Torres Strait Islander communities	Daniel Comensoli – LGBTIQ+ Health Australia Current Evidence for Good Practice in Suicide Prevention for LGBTI people	Dr Lennart Reifels and Prof Jane Pirkis – Centre For Mental Health, The University Of Melbourne Supporting nimble research responses to emerging issues in suicide prevention
Dr Karolina Kryszyska – University of Melbourne and Ingrid Ozols AM - Lived Experience Representative The Voice of people with Lived Experience of suicide (VocLE) Study: Learning from lived experience, fostering appreciation, partnership and growth in suicide research in Australia National Suicide Prevention Research Fund research	A/Prof Maree Toombs I-ASIST suicide prevention training model for Aboriginal and Torres Strait Islander people	Prof Katherine Boydell – Black Dog Institute What can be done to decrease suicidal behaviour in Australia? A call to action white paper	Dr Long Le – Deakin Health Economics Advancing suicide prevention intervention research through cost- effectiveness analysis.
Dr Alana Peters – KPMG Leading with empathy: Embedding the voice of lived experience in future service design National Suicide Prevention Research Fund research		Dr Tony Pisani – SafeSide Prevention Video-Guided Suicide Prevention Education and Support for Youth Services Teams	Dr Laura Cox – Mates in Construction Mateship Matters: An innovative suicide prevention program for sports clubs
TIME (AEST)	EVENT		
3:00pm - 3:30pm	Afternoon break, Visit exhibition booths and poster viewing (see page 10)		
3:30pm - 4:00pm	KEYNOTE SPEAKER - Sponsored by Mates in Construction Professor Rory O'Connor - Covid-19, psychology and suicide research Chair: Chris Lockwood , National CEO, MATES In Construction		
4:00pm - 4:30pm	Panel Discussion: Psychological and social risk factors Rory O'Connor , Professor of Health Psychology at the University of Glasgow Prof Jane Pirkis , Centre For Mental Health, The University Of Melbourne Alana Peters , KPMG Tom Brideson, Gayaa Dhuwi, Daniel Comensoli , LGBTIQ+ Health Australia Tony Pisani , SafeSide Prevention Chair: Chris Lockwood , National CEO, MATES In Construction		
4:30pm - 5:00pm	Closing remarks - Jenny Brockie		

WEDNESDAY - 21 April 2021

* The program is subject to change

TIME (AEST)		EVENT			
12:00pm - 1:00pm		Pre-symposium entry, exhibition booths open and poster viewing			
11:45am - 5:00pm		Delegate wellbeing, group conversation and support moderated by Standby Support after Suicide			
1:00pm - 1:20pm		Activity: Stretch and Flex Hayden will guide you through a stretch and flex session to loosen and strengthen your body before starting the day. By guiding you through lower and upper body stretch and mobility drills that target commonly affected areas like the hips, lower back, shoulders, and neck, Hayden will stretch and strengthen your tired muscles.			
1:30pm - 1:40pm		Opening session - Symposium MC: Jenny Brockie			
1:40pm - 1:55pm		Poster viewing (see page 10)			
1:55pm - 3:00pm		Concurrent streams			
STREAM 1		STREAM 2		STREAM 3	
Lived Experience Stream Partner: Wellbeing SA Stream Chair: Justyna Rosa , Principal Project Officer, Suicide Prevention Networks, Wellbeing SA		Indigenous and Community Engagement Stream Partner: LivingWorks Australia: sharing the new co-designed and led, Indigenous-ASIST two-day suicide first aid intervention skills training		Programs & Services Stream Partner: Mental Health First Aid Australia Stream Chair: Alyssia Rossetto , Research Manager, Mental Health First Aid Australia	
Graeme Holdsworth – Lived Experience Panel Diversity and Inclusion of Lived Experience within Suicide Prevention. How far have we advanced and where to from here		Stream Chair: Maree Tombs Leilani Darwin – Head Of Aboriginal And Torres Strait Islander Lived Experience Centre, Black Dog Institute Indigenous lived experience in suicide prevention		Will Wrathall and Sue Johansson – Northern Beaches Council The Northern Beaches Suicide Response	
Rosiel Elwyn – Thompson Institute Fear of the 'Impaired Practitioner', Mandatory Reporting, and Clinician Suicide: Can Lived Experience Professionals Heal a Sick Mental Health Field?				Ruth Jones – Headspace Suicide Prevention and Response: sharing the Be You vision and resources for schools through context driven case studies	
				Anna Bernasochi - Switchboard Creating LGBTQIA+ inclusive postvention systems: emerging new concepts and insights from qualitative research	

STREAM 1	STREAM 2	STREAM 3	STREAM 4
<p>Peter Schmiedgen and Jason Balmer – BEING-Mental Health Consumers Suicide support groups provided by people with lived experience for people with lived experience – a pilot project</p>	<p>Lindy McGregor – Regional Manager - Asia Pacific, LivingWorks Australia skill-based development for school communities in suicide prevention through early intervention and safe and effective communication training</p>	<p>Rachel Hughes – Eastern Melbourne PHN Crossroads to Community Wellbeing: Preventing suicide in a CALD community informed by a place-based Collective Impact framework.</p>	<p>Nikki Jamieson – University of New England Moral injury – when old becomes new?</p> <p>National Suicide Prevention Research Fund research</p>
<p>Annie Rowland – Macedon Ranges Suicide Prevention Action Group Supporting Mental Health - Macedon Ranges Community and Peer Support (MRCAPS)</p>	<p>Ms Manuela Macri – Cypress, Anglicare WA Heart Art: A Work in Progress - like Grief: creative expression of children and young people bereaved by suicide</p>	<p>Richard Parker - Whyalla Suicide Prevention Network Helping the Helpers: Responding to the needs of first responders in Country South Australia - a Whyalla Suicide Prevention Network Initiative</p>	<p>Laura Grattidge (nee Smith) - Centre For Rural Health/University of Tasmania Key Learnings from the Local Evaluation of the National Suicide Prevention Trial in Tasmania</p>
TIME (AEST)	EVENT		
3:00pm - 3:25pm	Afternoon break, Visit exhibition booths & poster displays		
3:30pm - 4:00pm	<p>KEYNOTE SPEAKER Dr Sharon McDonnell Sponsored by Relationships Australia Emergency Services: What About Us? Chair: Nick Tebbey, National Executive Officer, Relationships Australia</p>		
4:00pm - 4:30pm	<p>Panel Discussion: Postvention and exposure to suicide Dr Sharon McDonnell, Founder and Managing Director, Suicide Bereavement UK Graeme Holdsworth, Lived Experience Panel Leilani Darwin, Head Of Aboriginal And Torres Strait Islander Lived Experience Centre, Black Dog Institute Nikki Jamieson, University of New England Karl Andriessen, Centre for Mental Health, School of Population and Global Health, The University of Melbourne Chair: Nick Tebbey, National Executive Officer, Relationships Australia</p>		
4:30pm - 4:35pm	National Suicide Prevention Conference 2022 Announcement by Nieves Murray , CEO, Suicide Prevention Australia		
4:35pm - 5:00pm	Closing remarks - Jenny Brockie		

THURSDAY - 22 April 2021

* The program is subject to change

TIME (AEST)		EVENT			
12:00pm - 1:00pm		Pre-Symposium entry and exhibition booths open			
11:45am - 5:00pm		Delegate wellbeing, group conversation and support moderated by Standby Support after Suicide			
1:00pm - 1:20pm		Activity: Calm drawing Paul will take you through a calm drawing session including visual journaling for beginners. Bring along pens and papers.			
1:30pm - 1:40pm		Opening session - Symposium MC: Jenny Brockie			
1:40pm - 1:55pm		Poster viewing (see page 10)			
1:55pm - 3:00pm		Concurrent streams			
STREAM 1		STREAM 2		STREAM 3	
Lived Experience Stream Partner: Wellbeing SA Stream Chair: Adam Clay , Principal Project Officer, Suicide Prevention, Wellbeing SA		Indigenous and Community Engagement Stream Partner: LivingWorks Australia: sharing the new co-designed and led, Indigenous-ASIST two-day suicide first aid intervention skills training Stream Chair: Leilani Darwin		Programs & Services Stream Partner: Mental Health First Aid Australia Stream Chair: Erin Healy , School and University Engagement Manager, Mental Health First Aid Australia	
Elise Carrotte – SANE Australia Better Off With You: Evaluation of a first-person peer-to-peer storytelling suicide prevention campaign pilot		Mandy Gibson - AISRAP The positive impact of connection to culture in preventing suicide		Dr Debbie Scott – Turning Points National Ambulance Surveillance	
Dr Louise La Sala – Orygen Can a social media intervention improve online communication about suicide?		Troy Williamson Monitoring self-harm and analysing suicide among Aboriginal community members in order to improve suicide prevention approaches		A/Prof Fiona Shand – Black Dog Institute Recognise and Respond community suicide prevention training: Results from a non-inferiority randomised controlled trial of a new Australian online gatekeeper training program	
				Research Stream Partner: LGBTQ+ Health Australia Stream Chair: Zed Tintor , Director Programs and Development, LGBTQ+ Health Australia Professor Jane Pirkis – University of Melbourne Research collaboration in suicide prevention – The Buoy Project	
				Dr Alyssia Rossetto – Mental Health First Aid Australia In practice: Integrating research findings into suicide prevention programs in The Buoy Project	

STREAM 1	STREAM 2	STREAM 3	STREAM 4
Dr Zoi Triandafilidis – Everymind Sharing stories about lived experience of suicide: Co-designing guidelines for best practice public communication	Session information coming soon	Linda Leatherbarrow and Janet Martin – Queensland Health Translating research results into clinical practice excellence in suicide care in mental health and alcohol and other drugs services in Queensland.	Dr Kylie King – Monash University An upstream approach to preventing suicide for adolescent boys: a randomised controlled trial of the 'Breaking the Man Code' workshops. National Suicide Prevention Research Fund research
Josh Wiseman – Batyr OurHerd - Amplifying the voices of young people through a digital mobile app	Bernard Leckning – Menzies School Of Health Research Risk factors for repeat hospital admissions involving self-harm: Reflections for prevention from the Northern Territory National Suicide Prevention Research Fund research	A/Prof John Allan – Royal Australian And New Zealand College Of Psychiatrists Royal Australian and New Zealand College of Psychiatrists: Suicide Prevention Taskforce	Prof Katherine Boydell – Black Dog Institute Edge of the Present: A Virtual Reality Tool to Cultivate Future Thinking, Positive Mood and Wellbeing National Suicide Prevention Research Fund research
TIME (AEST)	EVENT		
3:00pm-3:30pm	Afternoon break, Visit exhibition booths & poster displays		
3:30pm-4:00pm	KEYNOTE SPEAKER - Sponsored by Orygen Professor Siobhan O'Neill Trauma, mental health and suicidal behaviour in NI Panel Discussion, Keynote speaker and other invited guests Chair: Jo Robinson , Associate Professor, Head Suicide Prevention, Orygen		
4:00pm-4:30pm	Panel Discussion: Support and care to vulnerable population groups Professor Siobhan O'Neill , Professor of Mental Health Sciences, Ulster University and Interim Mental Health Champion Northern Ireland Josh Wiseman , Batyr Mandy Gibson , AISRAP Debbie Scott , Turning Points Katherine Boydell , Black Dog Institute Kylie King , Monash University Chair: Jo Robinson , Associate Professor, Head Suicide Prevention, Orygen		
4:30pm-5:30pm	Closing remarks - Nieves Murray , CEO, Suicide Prevention Australia Announcement of 3-minute thesis winner Announcement of poster competition winner Announcement of Scavenger Hunt winner		

TIME (AEST)	EVENT
5:30pm - 7pm	<p>MEMBER ONLY EVENT: International Keynote Speakers and Special Guests</p> <p>Chair: John Brogden AM, Lifeline National Board Chair</p> <p>Hon. Andrew Leigh MP, Co-Chair, Parliamentary Friends of Suicide Prevention Group</p> <p>Julian Leeser MP, Co-Chair, Parliamentary Friends of Suicide Prevention Group</p> <p>Carla Na Nagara, Director, Suicide Prevention Office, Ministry of Health New Zealand</p> <p>Rory O'Connor, Professor of Health Psychology at the University of Glasgow</p> <p>Dr Sharon McDonnell, Founder and Managing Director, Suicide Bereavement UK</p> <p>Siobhan O'Neill, Professor of Mental Health Sciences, Ulster University, and Interim Mental Health Champion Northern Ireland</p> <p>Fact or fiction: Envisioning a best practice approach to suicide prevention</p>

NUMBER	ACCEPTED POSTERS
1	Sarah Holland, Black Dog Institute BrighterSide – a new approach to the design of a self-guided app for suicidal ideation
2	Jo Read, North Western Melbourne PhN LGBTIQ Suicide Prevention co-designed Systems-based Framework
3	Alison Clements, Neami National A Case Study in Postvention with Funeral Staff: Initial Findings
4	Demee Rheinberger, Black Dog Institute Qualitative exploration of the experience of help seekers and support persons use of the Emergency Department during a suicidal crisis.
5	Dr Karien Hill, La Trobe University Enhancing community suicide risk assessment and protective intervention action plans through a Bystander Intervention Model-informed video: A Randomized Controlled Trial
6	Dr Laura Van Velzen, Orygen Suicide-related mental images in young people with suicidal ideation: development of a treatment protocol for a potential risk factor for suicidal behaviour National Suicide Prevention Research Fund research
7	Jessica Ingram, Everymind Supporting suicide prevention in refugees and asylum seekers
8	Victoria Rasmussen, Black Dog Institute Differential effects of intimate partner violence type on suicidal ideation and suicide attempt: Using structural equation modelling to predict suicide risk in Australian emergency department service users
9	Ingrid Ozols, Suicide Prevention Australia Lived Experience in research
10	A/Prof Rohan Borschmann Interventions to reduce suicidal thoughts and behaviours in people who have had contact with the criminal justice system: A rapid review evidence check for the National Suicide Prevention Taskforce National Suicide Prevention Research Fund research
11	Dr Karl Andriessen, University of Melbourne Assisting suicide prevention researchers to navigate the ethics process: towards a resource for researchers



JENNY BROCKIE

Suicide Prevention Australia Symposium MC

Jenny Brockie is one of Australia's most respected and experienced journalists, broadcasters and facilitators.

Jenny's extensive media career began at the ABC and spans television, online, radio and print. She has won a swag of media awards including the coveted Gold Walkley, two AFI Awards, a Logie, a Human Rights Award and three other Walkley Awards. She was the host of SBS's Insight program for 19 years, and received 8 United Nations Association of Australia Media Peace Awards for her work on the program.

Jenny has hosted important national and international discussions with renowned thought-leaders to explore, challenge and provoke current and future thinking on subjects as diverse as agriculture and the future of food, education standards, security, health, the arts and culture.

She has also interviewed many prominent local and international figures including former Australian Governor General Sir Peter Cosgrove and former Prime Minister Julia Gillard.

INTERNATIONAL KEYNOTE SPEAKERS



CARLA NA NAGARA

Director, Suicide Prevention Office at the Ministry of Health New Zealand

Carla joined the Ministry of Health in October 2019 as the Director of the Suicide Prevention Office. She came to the position after having spent the previous 12 years as a coroner committed to understanding the context of suicides, taking the approach that suicides must be seen not simply as the consequence of a mental health problem or a moment of distress of the person who took their life, but as an event that is considered in its broader socio-cultural context. Through this work, Carla developed an alternative model of suicide investigation, which sought to build effective engagement with whānau and communities. This resulted in greater understanding of the dynamics of the respective cases, and much greater potential to engage with whānau and communities to develop recommendations to lower future risk.

Carla has a BA(Hons) in sociology and Maori Studies and worked in policy and research before training as a lawyer and practicing in the fields of employment and family law, focussing primarily on relationship property and child care work.

Session title: From a Standing Start: Reflections and Lessons – establishing a national Suicide Prevention Office from scratch

On World Suicide Prevention Day in 2019 the New Zealand government released its new national suicide prevention strategy and action plan, and announced the establishment of the country's first Suicide Prevention Office which opened on 27 November 2019. In this paper the Office's Director will speak about progress being made towards implementing Every Life Matters – He Tapu te Oranga o ia tangata: Suicide Prevention Strategy 2019 – 2029 and Suicide Prevention Action Plan 2019 -2024 for Aotearoa New Zealand, the framing of the issues in Aotearoa New Zealand, the priorities that the Office set for itself, and the challenges of coordinating a diverse but committed sector.

Keynote Speaker Partner



**Black Dog
Institute**



Keynote Speaker Partner



RORY O'CONNOR

Professor of Health Psychology at the University of Glasgow

Rory O'Connor PhD CPsychol AFBPsS FAcSS is Professor of Health Psychology at the University of Glasgow in Scotland, a Past President of the International Academy of Suicide Research and a Vice President of the International Association for Suicide Prevention.

Rory leads the Suicidal Behaviour Research Laboratory (Web: www.suicideresearch.info; Twitter: @suicideresearch) at Glasgow, the leading suicide/self-harm research group in Scotland. He also leads the Mental Health & Wellbeing Research Group at Glasgow. He has published extensively in the field of suicide and self-harm, specifically concerning the psychological processes which precipitate suicidal behaviour and self-harm. In addition, he is author of Understanding Suicidal Behaviour (with Noel Sheehy), co-editor of The Routledge Major Works Series on Suicide (with Keith Hawton) and of the International Handbook of Suicide Prevention (2nd edition with Jane Pirkis).

He serves on the Scientific Review Board of the American Foundation for Suicide Prevention and is Co-Editor-in-Chief of Archives of Suicide Research and Associate Editor of Suicide and Life-Threatening Behavior, and Behavior Therapy. Rory acts as an advisor to a range of national and international organisations including national governments on the areas of suicide and self-harm. He is also Co-Chair of the Academic Advisory Group to the Scottish Government's National Suicide Prevention Leadership Group.



Keynote Speaker Partner



SIOBHAN O'NEILL

Professor of Mental Health Sciences, Ulster University and Interim Mental Health Champion Northern Ireland

Siobhan O'Neill is a Professor of Mental Health Sciences at Ulster University, and Interim Mental Health Champion for Northern Ireland. Her research programmes focus on trauma mental illness and suicidal behaviour in Northern Ireland, and the transgenerational transmission of trauma.

She is now on a mission to improve the mental health of the people of NI by promoting evidence-based services and care for those who suffer from mental illness and suicidal thoughts.

As Interim Mental Health Champion for Northern Ireland, she will advise and assist in the promotion of mental health and wellbeing through all policies and services throughout the province. Her role is as a public advocate for mental health, and to be a voice for those otherwise voiceless. Her goal is to communicate the collective voices of people with lived experience and their families and carers, and to advocate for communities impacted by mental health inequalities.

Session title: Trauma, mental health and suicidal behaviour in NI

In this keynote lecture Siobhan examines the trends in suicide rates in NI over the last 20 years, and discusses the associations between suicide and Troubles related trauma. The World Health Organisation's, World Mental Health Surveys, have shown that high proportions of the population (39%) were exposed to a conflict related traumatic event and that this was associated with severe and enduring mental illness. As a consequence of the Troubles, NI has very high rates of PTSD, and exposure to conflict-related trauma increases the risk of suicidal behaviour. There are concerns that the next generation is now at risk through the impact that the conflict had on the mental health of their parents, and the impact of the legacy of the Troubles on communities. This is one reason why the suicide rates are high among young people who appear not to have been directly affected by the years of violence.

The Ulster University Student Well-Being study found that almost a third of students had suicidal ideation in the year prior to starting university and that one on 5 had self-harmed. This study found that childhood adversities (ACEs and childhood trauma) were common risk factors for suicidal behaviour, and that students who identified as non-heterosexual were also at higher risk. These studies point to the need to adopt a trauma- and ACEs- informed approach to suicide prevention and the delivery of services to the vulnerable. This means a recognition of the impact of trauma exposure on the brain and body, improved support for at risk families, particularly in children's early years, and mental health provision in schools. There is a need to increase the availability of evidence-based suicide prevention treatments, and also treatments for mental illness and trauma. Social policies that impact upon minority stress, poverty and deprivation are also relevant to suicide prevention in NI.



Keynote Speaker Partner
Relationships Australia

DR SHARON MCDONNELL

Founder and Managing Director, Suicide Bereavement UK

Dr Sharon McDonnell is the Founder and Managing Director of Suicide Bereavement UK and Honorary Research Fellow at the University of Manchester. She has specialised in suicide bereavement research for over 20 years and is a recognised international leader in this field. Prior to setting up Suicide Bereavement UK, Dr McDonnell led research at the Centre for Mental Health and Safety at the University of Manchester, an internationally recognised research centre with a major influence on UK policy and practice.

Sharon and her research teams have translated research findings into evidence-based suicide bereavement training. These include Postvention Assisting those Bereaved by Suicide (PABBS) and Emergency Services Postvention Response (ESPR) training. Both help address an unmet need and are first of their kind internationally. Dr McDonnell is currently leading the National Suicide Bereavement Survey, a collaboration between the University of Manchester and Support After Suicide Partnership. Over 7,000 people participated in this study. Making it the largest suicide bereavement survey internationally. The report will be launched later this year and will generate national, international and media interest. Sharon has been personally bereaved by suicide and the reason why she works in this field.

Session title: Emergency Services: What About Us?

LOCAL KEYNOTE SPEAKERS



CHRISTINE MORGAN

National Suicide Prevention Adviser, CEO - National Mental Health Commission

Ms Christine Morgan is the CEO of the National Mental Health Commission and National Suicide Prevention Adviser to Prime Minister Scott Morrison. Ms Morgan is a passionate leader in mental health care reform, committed to listening and responding to the voice and needs of those with lived experience.

Prior to joining the Commission, Ms Morgan was CEO of the Butterfly Foundation for eating disorders and Director of the National Eating Disorders Collaboration. As former CEO of the Butterfly Foundation, she led a collaborative advocacy strategy that included amplification of eating disorders as a serious mental and physical health issue. This is now being replicated internationally. In the not for profit sector, Ms Morgan was General Manager at Wesley Mission, over the areas of Corporate Services; and Community & Family Development. Prior to joining Wesley Mission, Ms Morgan was Executive General Manager responsible for managing the strategic direction and business unit effectiveness of the Wholesale, Broadband & Media Business Unit at Telstra.

Ms Morgan brings connection and passion to mental health reform, built on the networks she established in the corporate world, her broad legal expertise, her extensive not-for-profit experience and her strong ability to demonstrate to people how their contribution can make a real difference.



ABORIGINAL & TORRES STRAIT ISLANDER KEYNOTE: PROFESSOR PAT DUDGEON

National Suicide Prevention Adviser, CEO - National Mental Health Commission

Professor Pat Dudgeon was born and raised in Darwin and her tribal affiliation is with the Bardi and Nyulnyul people.

She was the first Indigenous Australian to graduate with a psychology degree, and is currently the Director of the UWA Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention (CBPATISIP), funded under the Commonwealth Government's National Suicide Prevention Leadership and Support Program. She is also a Chief Investigator on an NHMRC Million Minds Mission Grant investigating Indigenous mental health. Professor Dudgeon has published extensively in Indigenous mental health, social and emotional wellbeing and suicide prevention. She is a board member of Indigenous Australian Psychologists Association and Fellow in the Australian Psychological Society.

Professor Dudgeon is actively involved with the Aboriginal community and has a strong commitment to social justice. She always works in ways that empower and develop Indigenous people.



LIVED EXPERIENCE KEYNOTE: MARK DAVIS

Lived Experience Representative

Mark is a 70+ year old volunteer in the mental health and suicide prevention fields to which he devotes his time and resources. He is determined others do not fall into all the pitfalls he did and go on to happier and more fruitful lives.

He was invalided suicidal from Police many years ago with what later became known as PTSD, anxiety and depression. Since then, Mark has held long term voluntary occupations as a university educator, later an honorary research associate at a large museum. Mark sits on a number of Governmental, Peak Body National and State Committees as a lived experience representative.

He additionally aims to spend 20 hours per week in a small team on a National Forum giving on-line Mental Health Peer Support. He specialises in persons at risk but also deals with a wide range of other matters from domestic abuse to depression. From this he gains a broad view of the problems faced by Lived Experience and Mental Health Consumers.

In addition, he finds public speaking a rewarding occupation which directly allows information and hope based on his own experiences to be offered to many. He is the co-recipient of the "Outstanding Contribution to Suicide Prevention" LIFE Award (Tas). Mark also holds the National Police Service Medal due to his invalidity as well as being a co-recipient of the Governor General's Medallion for his Peer Work.

By way of change of pace Mark collects vintage TV shows and movies.

MEMBER ONLY PANEL GUESTS

Joining our International Keynote Speakers are:



JOHN BROGDEN

Chair, Lifeline Australia

"They say the comeback is greater than the setback" – John Brogden

As one of Australia's leading politicians and now a business leader, John Brogden is living proof that even from the darkest places, there can be a way back. Whilst John has reached the highest levels in his professional career, his personal journey is one of highs and lows, strength and courage.

John's career in politics started when he became a Member for Pittwater in the NSW Parliament in 1996. In 2002, he was elected Leader of the Opposition on his 33rd birthday – the youngest person ever to lead a major political party in Australia.

However, it's John's personal story that best illustrates his resilience and his incredible ability to come back from the lowest of lows. His willingness to share the details of his journey to recovery make him a compelling and inspirational storyteller.

John was diagnosed with depression in early 2006 following a suicide attempt in 2005. His passion for mental illness stems from a breakdown that marked a turning point in his life and reframed the discussion around depression, particularly in the corporate world. Thanks to his profile, John has changed the way we talk about suicide and in turn, is helping thousands of individuals through his involvement with Lifeline Australia as Chairman.

John is also the Patron of Sailability Pittwater, Bilgola Surf Lifesaving Club, Avalon Beach Surf Lifesaving Club and Kookaburra Kids. He was appointed to the Board of Landcom as Chairman in January 2012 and accepted the permanent role of Chief Executive Officer in May 2018, having acted in the role of Managing Director and Chief Executive Officer from 2017. From 2015 to 2017, John was the Managing Director & Chief Executive Officer of the Australian Institute of Company Directors (AICD). Prior to this, he was Chief Executive Officer of the Financial Services Council from 2009 to 2015, and Chief Executive Officer of Manchester Unity from 2006 to 2008.



JULIAN LEESER MP

Co-Chair, Parliamentary Friends of Suicide Prevention

Julian has been the Member for Berowra in the House of Representatives since July 2016. He has served on numerous Parliamentary committees and is currently Chair of the Joint Standing Committee on Migration and Chair of the House of Representatives Standing Committee on Indigenous Affairs. He also sits on the Parliamentary Joint Committee on Intelligence and Security and the House Standing Committee of Privileges and Members' Interests.

During his first term of Parliament he was Co-Chair of the Joint Select Committee on Constitutional Recognition Relating to Aboriginal and Torres Strait Islander Peoples and was Chair of the Standing Committee on Social Policy and Legal Affairs. Since November 2016 Julian has served as the Parliamentary representative and Non-Executive Director on the Council of the National Library of Australia. Julian is the Chair for the Parliamentary Friends of India and Suicide Prevention Australia.

Julian has experience as a lawyer, University administrator, think tank and company director. Prior to his election, Julian was a senior executive at Australian Catholic University. He served on several boards including Mercy Health, Teach for Australia and Playwriting Australia. Julian was previously Executive Director of the Menzies Research Centre. He also worked as a lawyer at Mallesons Stephen Jacques (now King & Wood Mallesons) and was an associate to High Court Justice Ian Callinan.

Julian has degrees in arts and law from the University of NSW and is a Graduate of the Australian Institute of Company Directors. He spent 2006-2007 as a Visiting Fellow at the Taubman Centre at the John F Kennedy School of Government at Harvard University.



DR ANDREW LEIGH MP

Co-Chair, Parliamentary Friends of Suicide Prevention

Andrew Leigh is the Shadow Assistant Minister for Treasury and Charities, and Federal Member for Fenner in the ACT. Prior to being elected in 2010, Andrew was a professor of economics at the Australian National University. He holds a PhD in Public Policy from Harvard, having graduated from the University of Sydney with first class honours in Arts and Law. Andrew is a Fellow of the Australian Academy of Social Sciences, and a past recipient of the 'Young Economist Award', a prize given every two years by the Economics Society of Australia to the best economist under 40.

His books include *Disconnected* (2010), *Battlers and Billionaires* (2013), *The Economics of Just About Everything* (2014), *The Luck of Politics* (2015), *Choosing Openness: Why Global Engagement is Best for Australia* (2017), *Randomistas: How Radical Researchers Changed Our World* (2018), *Innovation + Equality: How to Create a Future That Is More Star Trek Than Terminator* (with Joshua Gans) (2019) and *Reconnected: A Community Builder's Handbook* (with Nick Terrell) (2020). Andrew is a keen marathon runner, and hosts a podcast titled "The Good Life: Andrew Leigh in Conversation", which is available on Apple Podcasts.

Andrew is the father of three sons – Sebastian, Theodore and Zachary, and lives with his wife Gweneth in Canberra. He has been a member of the Australian Labor Party since 1991.

Principal Partner



Lifeline is Australia's largest suicide prevention service with a vision of an Australia free of suicide. The Lifeline network spans the nation with 41 centres in metropolitan, rural and remote areas. There are over 10,000 volunteers and 1,000 employees working to ensure that no person in Australia has to face their darkest moments alone.

Lifeline aims to deliver digital services to Australian people in crisis, wherever they might be and in the mode in which they are most comfortable accessing support. Each year, Lifeline receives almost 1 million contacts from people in crisis. Someone in Australia phones the 13 11 14 phonenumber every 30 seconds. People also access support online via webchat at lifeline.org.au (7pm – midnight AEDT) and through text message service on 0477 13 11 14 (6pm – midnight AEDT). Lifeline centres also deliver accredited education and training programs focusing on suicide awareness and prevention; and community-based suicide prevention initiatives, including support services (for example counselling and bereavement groups) for those impacted by suicide. If you, or someone you know is in need of support, please contact Lifeline.

Major Partners



Striving toward zero suicides requires sustained commitment and new approaches to supporting an ever-changing workforce. SafeSide Prevention provides modern suicide prevention training and leadership consultation for mental health, youth, and primary healthcare services. SafeSide partners with forward-looking organisations and regions in New Zealand, Canada, the UK, the US, and Australia, including the Australian DVA, NSW Health, and youth-serving centres in QLD, SA, and NSW.

SafeSide Prevention leverages technology, creativity, and human connection to ensure that your clinical and direct support providers are unified and well-prepared to support the safety and recovery of the people you serve. The SafeSide Framework provides teams with a consistent approach and language, and a common 'map' of evidence-based practices to guide co-design, documentation, and delivery of services that support recovery-oriented suicide prevention. InPlace® Learning is a hybrid model developed by Dr. Anthony Pisani and colleagues (University of Rochester). InPlace thoughtfully sequences interactive online events, video-guided group workshops, web-based live 'office hours,' and an online Community of Practice in which SafeSide members around the world stay current, share resources, and build their professional networks. Preview a workshop at: <https://www.safesideprevention.com/programs/preview-intro-behavioral-health>.



Australian Government
Department of Health

We work to deliver an affordable, quality health and aged care system and better health, ageing and sport outcomes for all Australians.

We develop and deliver policies and programs and advise the Australian Government on health, aged care and sport. We work with a wide range of stakeholders to ensure better health for all Australians. We aim to achieve our vision through evidence-based policy, well targeted programs and best practice regulation.

We're working on a range of policy initiatives, programs and campaigns, including mental health and suicide prevention, helping to improve the health of Australians. You can find more about us and the work we do on [health.gov.au](https://www.health.gov.au).

Supporting Partners



Wesley Mission supports Australians from all walks of life and journeys alongside them to help them face life's challenges and ultimately, reach their goals through more than 120 community services and programs.

Wesley LifeForce Suicide Prevention Services provides suicide prevention and community mental health services to educate and empower local communities, supporting people most at risk. We take a comprehensive approach to preventing suicide and enhancing community wellbeing through our work across the areas of prevention, intervention and postvention, in addition to project and events. Wesley Mission established Wesley LifeForce in 1995 as a direct response to the growing number of suicides in Australia and uses an evidence informed framework to engage communities.

Wesley LifeForce Suicide Prevention Networks are community-led and support the specific needs of a local area. Our Networks raise community awareness about suicide and empower members of all age groups and populations to develop suicide prevention strategies at a grassroots level.

Wesley LifeForce Suicide Prevention Training educates, empowers and resources all Australian communities on how to respond appropriately and confidently in a suicidal crisis, by recognising the signs and using the skills learnt to refer someone for help.

For further information, on services and training, visit

<https://www.wesleymission.org.au/find-a-service/mental-health-and-hospitals/suicide-prevention/wesley-lifeforce/>



Established in 2002, StandBy is Australia's leading provider of support after suicide, dedicated to assisting anyone bereaved or impacted by suicide, including families, friends, workplaces, schools, frontline responders and witnesses.

StandBy provides a central point of connection and is accessible 24 hours a day, seven days a week, providing free face-to face and/or telephone support at a time and place that is best for each individual. StandBy offers coordinated, evidence-based support and connection to resources, local services and groups, for up to two years.

StandBy is guided by local advisory groups including community stakeholders and those with Lived Experience. StandBy builds community preparedness and resilience through extensive training to communities, schools and professional groups. People impacted by suicide are up to eight times more likely to take their own lives, but with the appropriate support, their risk of suicidality can be reduced. An independent evaluation found people who accessed StandBy support within 12 months of their loss were significantly less likely to:

- be at risk of suicide (25%)
- report experiencing mental health concerns (36%)
- experience social isolation (22%)

StandBy is funded by the Australian Government Department of Health and is delivered locally in 11 Primary Health Network regions across Australia. Current expansions sees StandBy also leading the NSW Post Suicide Support initiative (NSW PSS), a NSW Ministry of Health 'Towards Zero Suicides' initiative, in partnership with Jesuit Social Services, Roses in the Ocean and the University of New England. NSW state-wide coverage will be achieved through the NSW PSS alongside the Commonwealth funded program. For more information, visit www.standbysupport.com.au



KPMG Australia is part of a global network of professional firms, providing a full range of services across a wide range of industries, government, and not-for-profit sectors. We also have a strong tradition of providing our skills and experience to address some of the most critical issues facing our communities.

KPMG acknowledges that the devastating impacts of mental ill-health and suicide across Australia are enormous. It impacts us as individuals, our families, our friends, our people, our clients and our communities. We are committed to supporting those who are impacted by psychosocial issues & mental ill-health, through our people policies, our client work, and through our Corporate Citizenship programs. We aspire to be a mentally-healthy workplace, and to be known as a business leader that is focused on reducing stigma, building leadership, and on changing the narrative around mental health and suicide across Australia.

Our partnership with Suicide Prevention Australia is an important part of our approach to supporting the many wonderful organisations dedicated to reducing suicide rates across the country. We are delighted to continue to build on our partnership by sponsoring the 2021 Symposium.

Keynote Speaker Partners



MATES is a charity established by the Construction Industry to reduce the high level of suicide among Australian construction workers.

MATES provides suicide prevention through community development programs on sites, and by supporting workers in need through case management and a 24/7 help line. All based on the simple idea of Mates looking out for their Mates.



**Black Dog
Institute**

As the only medical research institute in Australia investigating mental health across the lifespan, we're assisting suicide prevention in your communities. We're offering: a Suicide Prevention Network connecting sector professionals; in depth Suicide Data Analysis; and Consulting and Capacity Building Services to support your suicide prevention planning. Contact us.



Relationships Australia has been a leading service provider supporting healthy relationships and the well-being of children, families, individuals and communities for over 70 years. Healthy and positive relationships are an important protective factor, and Relationships Australia aims to support all people in Australia to achieve positive and respectful relationships.



Orygen is leading the revolution in youth mental health. Working with young people and our partners, we are redefining what's possible in global research, policy, education and clinical care. Our goal? To see young people with mental ill-health getting well and staying well.

Stream Partners



Wellbeing SA

The establishment of Wellbeing SA, as a new agency separate to the Department for Health and Wellbeing, is an exciting step towards a significant and renewed focus on prevention in South Australia. Wellbeing SA has a long-term vision to create a balanced health and wellbeing system that supports improved physical, mental and social wellbeing for all South Australians.



LivingWorks Australia: sharing the new co-designed and led, Indigenous-ASIST two-day suicide first aid intervention skills training. For more information visit our website or follow us on Twitter.



LGBTIQ+ Health Australia is the national peak organisation working to promote the health and wellbeing of LGBTIQ+ people and communities. LGBTIQ+ Health Australia facilitates a Research Network with the aim of developing a national database and forum to improve coordination and create an authoritative voice for researchers working in LGBTIQ+ health and wellbeing.



Mental Health First Aid (MHFA) Australia is an Australian-based multinational provider of mental health first aid education. With over 20 year's experience, MHFA Australia training has been proven to be effective in improving mental health literacy and building workplace capacity to support the mental health of employees.

Online Platform Partner



Life in Mind

Life in Mind is a national gateway connecting the Australian suicide prevention sector to each other and the community. It provides a platform for knowledge exchange, builds capacity and promotes sector leadership through collaboration and engagement. Life in Mind is an initiative of Everymind. Visit lifeinmind.org.au